

George Gowans

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2019-2020 Best Times		2:51.20	3:07.00	32.74		1:09.26		1:18.46	
2020-2021 Best Times		2:31.11	2:46.33	29.21		1:08.33	6:54.56	1:12.96	
2021-2022 Best Times			2:39.94	28.38		1:01.78	6:38.89	1:08.99	
Kearns at MRHS 2022	11-01-2022	2:24.38				1:06.17		1:14.82	
2022 Kearns Relay Meet	11-10-2022							1:13.62	
Desert Hills Quad Meet	11-18-2022		2:36.99					1:15.02	
Murray @ Kearns 2022	11-22-2022		2:42.23	28.58		1:02.31			
Bingham, Copper Hills	11-30-2022			27.88		1:02.61			
Kearns @ Taylorsville	12-01-2022		2:36.07			1:03.95		1:12.91	
Kearns & Cyprus @ Murr	12-08-2022			28.27				1:12.75	
2022.12.20 Granite Dis	12-20-2022			28.07				1:14.35	
Granger, Roy @ Kearns	01-05-2023			28.12			6:32.51		
Kearns @ Hunter	01-10-2023		2:40.82					1:14.78	
AF & CC @ Kearns	01-12-2023							1:12.32	
West @ Kearns 2023	01-20-2023			28.63				1:13.60	
Brighton @ Kearns 2023	01-24-2023			28.58				1:12.87	
Region 2 Championships	02-03-2023		2:32.06					1:08.11	

2019-2020 2020-2021 2021-2022 2022-2023

