

Claire Pocock

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2020-2021 Best Times									
2021-2022 Best Times									
2022-2023 Best Times									
Region VIII Opening Me	11-04-2023	2:09.43							1:23.03
Salem Hills, Timpanogo	11-09-2023				1:08.92		5:58.42		
2023 Nebo Invitational	11-11-2023		2:32.62	27.63					1:22.47
Payson v Provo and SHH	11-14-2023			27.52		58.80			
South Summit, Provo @	11-21-2023		2:30.78	28.01					1:20.69
Provo @ Uintah 11-27	11-27-2023			28.61	1:08.47	1:02.24	6:00.32		
Mt. View & Maeser Prep	12-07-2023			27.13		59.48			
Silver Rush Invite 23	12-08-2023	2:07.29		27.63		58.39			
Red Rock Invitational	01-05-2024	2:10.68				58.09			
Juan Diego & Summit Ac	01-20-2024					1:02.26	5:58.62		1:21.47
Region VIII Championsh	02-02-2024		2:23.24	26.26		57.19			1:15.52
4A Utah High School St	02-16-2024		2:23.27	26.48		57.89			1:18.76

2020-2021 2021-2022 2022-2023 2023-2024

