

Joseph Harding

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2021-2022 Best Times									
2022-2023 Best Times									
2023-2024 Best Times									
Carbon & Delta @ RHS	11-21-2024			35.13		1:20.68			
Grand, Carbon @ Emery	11-26-2024	3:01.40				1:23.01			
MelRobertsInvitational	12-13-2024			35.08		1:19.61			
Emery @ Carbon	12-17-2024		3:08.12				8:21.23		
Carbon , Ben Lomond, S	01-08-2025	2:55.86						1:35.09	
Cedar Jan Meet 2025	01-10-2025	2:52.10							1:31.29
Carbon @ Uintah Januar	01-15-2025			34.11			7:53.25		
Last Chance Invite 202	01-18-2025	2:52.36				1:17.06			
Region 12 Championship	01-24-2025			34.17		1:21.38			

2021-2022 2022-2023 2023-2024 2024-2025

