

Miles Allred

| Meet | Date | 200 Free | 200 I.M. | 50 Free | 100 Fly | 100 Free | 500 Free | 100 Back | 100 Breast |
|------------------------|------------|----------|----------|---------|---------|----------|----------|----------|------------|
| 2020-2021 Best Times | | | | | | | | | |
| 2021-2022 Best Times | | | | | | | | | |
| 2022-2023 Best Times | | | | | | | | | |
| SouthWest Turkey Bowl | 11-22-2023 | | | 30.93 | | 1:09.56 | | | |
| Jordan District Champi | 12-01-2023 | | | 29.94 | | 1:08.63 | | | |
| Wasatch Winter Invite | 12-08-2023 | 2:39.92 | | | | 1:10.02 | | | |
| 2023 Sentinel Sprinter | 12-16-2023 | | | 30.43 | | 1:08.65 | | | |
| Mountain Ridge HS & Co | 01-04-2024 | | | 29.25 | | | | 1:20.23 | |
| 23-24 MRHS vs Alta | 01-09-2024 | | | 30.37 | | 1:07.18 | | | |
| Region 2 | 02-02-2024 | | | 28.58 | | 1:04.93 | | | |

2020-2021 2021-2022 2022-2023 2023-2024

