

Zander Sprung

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2020-2021 Best Times									
2021-2022 Best Times									
2022-2023 Best Times									
Ben Lomond, St. Josep	11-16-2023			31.29	2:00.80				
Ben Lomand, St. Joseph	11-21-2023			29.26		1:09.21			
CLEAR, NORTH, SJCHS @	11-28-2023	2:55.79							
City-County 2023	12-09-2023	2:47.41		31.35					
Seahorse @ Ogden	12-14-2023		3:06.86						
Ben Lomond & St. Josep	01-03-2024					1:10.50			
Senior Night SJCHS @ B	01-09-2024	2:48.02					7:47.22		
MHS, GHS, SJCHS @ BLHS	01-16-2024			30.66		1:12.75			1:33.12
Ben Lomond and St J @	01-18-2024				1:25.21			1:25.77	
Region 13 Swim Meet	02-01-2024			27.89	1:19.66	1:07.18			
3A Utah High School St	02-16-2024			27.46					

2020-2021 2021-2022 2022-2023 2023-2024

