

# Benjamin Breinholt

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2020-2021 Best Times				34.43					
2021-2022 Best Times		2:34.07	2:53.71	29.28				1:15.83	1:28.37
Battle for the Paddle	10-28-2022							1:16.86	1:22.76
Millard & North Sanpet	11-04-2022						7:05.32		1:21.31
Manti 11-9-2022	11-09-2022		2:44.54	29.85					
Wildcat Invitational	11-18-2022	2:29.94			1:20.70				
MVHS v Timpview v N Sa	11-30-2022			28.16			7:05.13		
RICHFIELD EMERY N SANP	12-09-2022					1:02.97		1:12.01	
NSPHS 1-12-23	01-12-2023	2:24.86							1:16.83
Senior night	01-17-2023					1:03.59			1:18.57
Region 14 2023	01-27-2023					1:02.46			1:16.49

2019-2020 2020-2021 2021-2022 2022-2023

