

# Jessica Allred

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
CVHS v Lehi	10-29-2022			45.01		1:43.29			
Cedar Valley @ Stansbu	11-10-2022			42.97		1:42.31			
CVHS vs Hillcrest	12-01-2022			41.27		1:39.44			
Cedar Valley @ Uintah	12-03-2022			41.92					
Alpine District Inviti	12-16-2022			43.08		1:40.78			
2022 TriMeet MMHS PHS	01-05-2023			44.14		1:46.65			
Cedar Valley @ Tooele	01-13-2023			43.44		1:39.01			
Senior Night 2023	01-20-2023			42.11		1:41.96			

2019-2020 2020-2021 2021-2022 2022-2023

