

Matthew Howard

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2020-2021 Best Times		2:26.33		29.08		1:03.54	6:22.84		1:27.18
2021-2022 Best Times		2:27.44	2:43.55	26.22		58.28	6:41.57		1:26.58
Juan Diego @ Uintah 10	10-28-2022					1:00.82			1:25.10
Region XV Invatational	11-05-2022	2:17.26				1:01.14			
Juan Diego @ Union	11-18-2022	2:18.88		26.86		1:01.01			
CV Invite 2022	12-02-2022	2:13.94				59.69			
Holiday Classic	12-09-2022			26.76					
Judge @ Juan Deigo	01-06-2023			25.91		1:00.48			
Carbon, Juan Diego, Su	01-12-2023			26.32		1:00.87			
Canyon View and Beaver	01-20-2023			26.27		1:00.77			
Region 15 Championshi	01-28-2023			25.13		58.07			

2019-2020 2020-2021 2021-2022 2022-2023

