

# Juliana Workman

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2020-2021 Best Times									
2021-2022 Best Times				47.95				2:04.42	
2022-2023 Best Times		3:41.30		42.71		1:38.08		1:52.27	
Manti 11-9-23	11-09-2023			43.33				1:23.31	
NSPHS 11-14-23	11-14-2023			43.39				1:56.40	
GVHS MANTI WASATCH	11-15-2023			43.48				2:01.09	
MHS 11-29-23	11-29-2023			41.98		1:44.62			
GVHS, Manti, & Millard	12-07-2023	3:57.69						1:55.28	
GVHS, Manti, North San	12-12-2023					1:46.71		2:16.53	
Manti @ RHS	01-11-2024					1:42.73			
NSPHS 1-23-24	01-23-2024			46.48		1:45.92		1:55.90	
Region 12 Championship	02-02-2024			41.31		1:46.36			

2020-2021 2021-2022 2022-2023 2023-2024

