

Leah Kowallis

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2020-2021 Best Times									
2021-2022 Best Times									
2022-2023 Best Times		2:48.28	3:24.90	33.81		1:20.72	7:41.57	1:42.17	1:42.16
Judge Memorial @ Bear	11-07-2023				1:38.20				1:35.23
clearfield, northridge	11-10-2023	2:48.90							1:34.97
Bonneville @ Bear River	11-14-2023		3:14.45			1:21.10	7:36.74		
South Summit, Provo @	11-21-2023			33.86	1:48.66	1:19.98			
Viewmont, Judge, @ Bea	11-28-2023	2:46.85							1:35.67
Ogden @ Bear River	12-05-2023			33.98		1:22.35		1:34.01	
Green Canyon @ Bear Ri	12-07-2023			32.54					1:37.48
Roy @ Bear River	12-12-2023	2:50.31							1:34.17
Fremont, logan @ Bear	12-14-2023						7:27.11		1:37.05
RHS vs BRHS 2023	12-19-2023		3:09.14						1:34.59
MC @ Bear River	01-04-2024	2:42.54				1:21.75			1:33.48
Bear River @ Sky View	01-11-2024				1:30.75				1:34.47
Ridgeline Invitational	01-13-2024	2:44.04				1:15.36			1:32.12
Region 11 Championship	02-03-2024	2:33.49							1:28.96

2020-2021 2021-2022 2022-2023 2023-2024

