

Sterling Cabana

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2020-2021 Best Times		2:08.19	2:16.26	25.00	1:03.06	54.17	5:48.67	59.04	1:14.97
2021-2022 Best Times		2:02.95	2:20.42	24.79	1:04.93	52.88	5:46.95	58.41	1:11.93
Ridgeline First Chance	10-28-2022				59.49				1:08.63
2022 Greg Fernley Invi	11-04-2022			24.13		51.84			
Cedar City Invitationa	11-11-2022		2:13.32						
2023 Red Rock Invitati	01-06-2023	1:56.48							1:07.14
2023 Senior Tribute Me	01-12-2023			24.16				59.81	
SENIOR NIGHT	01-13-2023		2:20.04					1:00.84	
Region 10 Championship	01-27-2023		2:13.87	24.34				57.34	
4A State Swimming Cham	02-10-2023	1:55.25						57.58	

2020-2021 2021-2022 2022-2023

