

Tiffanie Palmer

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2020-2021 Best Times									
2021-2022 Best Times									
2022 Greg Fernley Invi	11-04-2022		2:27.80	28.84	1:07.68				
2022 Kearns Relay Meet	11-10-2022	2:12.89							
Cyprus and Morgan @ La	11-15-2022				1:07.40	1:33.96	6:00.16		
Roy @ Cyprus 2022	11-16-2022							1:11.66	1:24.41
West @ Cyprus 2022	11-30-2022		2:28.31	28.22	1:05.97	1:03.22			
Kearns & Cyprus @ Murr	12-08-2022				1:05.26	1:02.28		1:09.08	
Tooele @ Cyprus 2022 -	12-13-2022	2:11.52				1:02.47			1:19.06
2022.12.20 Granite Dis	12-20-2022		2:28.32		1:05.92				
Cyprus @ Hunter	01-04-2023				1:09.83			1:08.48	
22-23 Fremont & Cyprus	01-19-2023		2:26.87		1:07.09	1:02.56			
Cyprus @ Taylorsville	01-24-2023		2:24.64						
Granger @ Cyprus	01-25-2023		2:28.76		1:07.80				
Region 2 Championships	02-03-2023		2:21.58		1:04.40				
6A State Swimming Cham	02-17-2023		2:21.66	27.14	1:06.85				

2020-2021 2021-2022 2022-2023

