

Alisa Kato

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
Ogden @ Grantsville -	11-03-2022			44.26		1:40.09			
Grand, Ogden at South	11-17-2022					1:38.12			1:51.64
Copper Hills, Ogden @	11-29-2022	3:31.69						1:56.02	
2223 Ogden @ Box Elder	12-08-2022			39.01		1:34.47			
Woods Cross, Bountiful	12-09-2022			40.34				1:52.61	
Box Elder, Northridge,	01-06-2023			38.39					1:49.43
BLHS, SJHS, SSHA @ OHS	01-12-2023			37.70			9:04.94		
Ogden @ Logan High	01-17-2023					1:24.09			1:49.25
Region 13 Meet 2023	01-28-2023			36.29		1:24.34			

2019-2020 2020-2021 2021-2022 2022-2023

