

# Sophie Thompson

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2020-2021 Best Times									
2021-2022 Best Times									
2022-2023 Best Times									
2023 Pre-Region 7 Invi	11-03-2023			33.58		1:18.83			
Salem Hills, Timpanogo	11-09-2023					1:20.36		1:37.96	
2023 Nebo Invitational	11-11-2023			33.67		1:19.07			
Payson v Provo and SHH	11-14-2023			34.99					
2023 Salem Hills vs. S	12-07-2023		3:30.22	37.79		1:23.40			
2024 Salem Hills vs. P	01-11-2024					1:16.98		1:31.64	
SHS, THS, SHHS	01-18-2024			34.50					1:43.21
2024 Highland Invitati	01-19-2024			33.45	1:37.39				
Springville, Salem Hil	01-23-2024	2:47.57					7:35.08		
Region 7 Championships	02-02-2024					1:13.24		1:26.25	

2020-2021 2021-2022 2022-2023 2023-2024

