

Herold Shafer

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2018-2019 Best Times		3:02.96		32.46		1:14.33		1:26.08	
N. SANPETE, MILLARD, L	11-01-2019					1:12.63			1:32.80
Cedar Invitational 201	11-08-2019					1:13.94			1:36.75
GUNNISON, HURRICANE, R	11-15-2019	2:40.39						1:23.96	
Richfield Wildcat Invi	12-06-2019					1:13.79			1:31.17
N.Summit, Carbon, S. S	12-14-2019			32.94			7:38.10		
Tooele Invitational 20	12-20-2019			32.28				1:25.49	
Grand, Delta, ALA, Jua	01-03-2020			33.60					1:30.11
January Invitational 2	01-10-2020	2:47.77				1:13.12		1:28.80	
Carbon Last Chance Inv	01-18-2020					1:10.55			1:30.38
Region 12 Championship	01-23-2020			29.99					1:27.08

2016-2017 2017-2018 2018-2019 2019-2020

