

Meghan Lemmons

| Meet | Date | 200 Free | 200 I.M. | 50 Free | 100 Fly | 100 Free | 500 Free | 100 Back | 100 Breast |
|------------------------|------------|----------|----------|---------|---------|----------|----------|----------|------------|
| 2020-2021 Best Times | | | | | | | | | |
| 2021-2022 Best Times | | | | | | | | | |
| 2022-2023 Best Times | | | | | | | | | |
| 2023 Pre-Region 7 Invi | 11-03-2023 | | | | 1:15.35 | | | | 1:28.56 |
| Salem Hills, Timpanogo | 11-09-2023 | | 2:44.77 | | | 1:07.31 | 6:36.89 | | |
| 2023 Nebo Invitational | 11-11-2023 | | | 29.86 | | 1:06.20 | | | |
| Payson v Provo and SHH | 11-14-2023 | 2:29.93 | | 30.17 | | | | 1:14.14 | |
| 2023 Salem Hills vs. S | 12-07-2023 | | 2:41.71 | | | 1:05.45 | | | |
| 2024 Salem Hills vs. P | 01-11-2024 | | | | | | | | 1:23.92 |
| SHS, THS, SHHS | 01-18-2024 | | 2:42.16 | | | | 6:28.86 | | |
| 2024 Highland Invitati | 01-19-2024 | 2:20.71 | | 29.44 | | | | | |
| Springville, Salem Hil | 01-23-2024 | | | 29.74 | 1:10.46 | | | | |
| Region 7 Championships | 02-02-2024 | | | | 1:06.98 | | 6:14.61 | | |

2020-2021 2021-2022 2022-2023 2023-2024

