

Luke Esplin

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2020-2021 Best Times									
2021-2022 Best Times									
2022-2023 Best Times				33.55		1:11.91		1:30.35	1:38.60
2023 Pre-Region 7 Invi	11-03-2023					1:04.65			1:28.75
Salem Hills, Timpanogo	11-09-2023			29.94		1:04.75			
2023 Nebo Invitational	11-11-2023	2:23.43		29.53		1:07.12			
Payson v Provo and SHH	11-14-2023			29.60				1:16.80	
CV Invite 2023	12-01-2023					1:04.57			
2023 Salem Hills vs. S	12-07-2023			29.47					1:27.66
2024 Salem Hills vs. P	01-11-2024			29.41			6:18.32		
SHS, THS, SHHS	01-18-2024	2:42.20		28.70		1:04.11			
2024 Highland Invitati	01-19-2024			28.29		1:02.74			
Springville, Salem Hil	01-23-2024				1:22.76	1:02.85		1:14.81	
Region 7 Championships	02-02-2024	2:15.71					5:58.00		

2020-2021 2021-2022 2022-2023 2023-2024

