

Emrie Carroll

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2020-2021 Best Times		3:13.85		48.46		1:20.38	9:07.18	1:47.85	
2021-2022 Best Times		3:22.03		37.21		1:24.42	8:51.14	1:40.99	
2022-2023 Best Times		3:03.66	3:48.94	36.00		1:19.01	8:42.25	1:40.68	1:55.40
2023 Pre-Region 7 Invi	11-03-2023			38.58		1:24.73			
Salem Hills, Timpanogo	11-09-2023	3:11.28		40.74					
Payson v Provo and SHH	11-14-2023						8:51.88	1:46.16	
CV Invite 2023	12-01-2023		3:43.58	38.45					
2023 Salem Hills vs. S	12-07-2023				1:57.09				2:01.22
2024 Salem Hills vs. P	01-11-2024			38.71		1:27.18			
SHS, THS, SHHS	01-18-2024			38.06		1:26.67			
2024 Highland Invitati	01-19-2024			38.44		1:24.30			
Springville, Salem Hil	01-23-2024			39.05		1:26.81			
Region 7 Championships	02-02-2024			36.90		1:25.11			

2020-2021 2021-2022 2022-2023 2023-2024

