

Adessa Talbot

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2020-2021 Best Times		2:13.58	2:15.74	27.52	1:00.56	58.59	5:39.89	1:05.30	1:15.92
2021-2022 Best Times		2:07.35	2:15.69		1:00.46	59.93	5:35.52	1:04.02	1:16.57
2022-2023 Best Times		2:13.27	2:18.39	27.48	1:00.19	58.35	5:43.80		
Brighton Polar Plunge	11-03-2023				1:02.91			1:06.32	
Cottonwood-v-Murray	11-09-2023		2:23.82		1:04.23				
Cottonwood-v-Jordan	11-16-2023	2:10.59			1:02.84				
GSD Championships 2023	12-19-2023				59.93			1:01.68	
Cottonwood-v-Stansbury	01-04-2024						5:43.93	1:05.54	
Cottonwood@ PC	01-18-2024		2:23.78		1:03.20				
Cottonwood-v-Tooele	01-25-2024		2:25.73				5:48.40		
Region X Championships	02-03-2024		2:16.22		59.99	58.10			
4A Utah High School St	02-16-2024		2:14.84		59.22	57.17			

2020-2021 2021-2022 2022-2023 2023-2024

