

WINNING SPIRIT

RACING CAMPS *and* CLINICS

PRESENTS

SKILL DRILLS VIDEO

FREESTYLE
BACKSTROKE
BREASTSTROKE
BUTTERFLY
STARTS
TURNS

TIPS AND 25 YDS. OF EVERY DRILL

(NO COMMENTARY)

\$25

NAME _____ ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE _____ EMAIL _____

PO BOX 713 – LYNDEN, WA - 98264